



# Menu di Cibo Delizioso

## Antipasti

<b>Pane Bianco</b> —Rustic Italian bread grilled with extra virgin olive oil and rubbed with garlic.....	5
<b>Olive Marinate</b> —House cured and marinated imported Italian olives.....	8
<b>Bruschetta</b> —Oven-roasted tomatoes over garlic-rubbed crostini with balsamic vinaigrette, basil and parmesan.....	11
<b>Assaggi di Salumi e Formaggi</b> —Plate of mixed artisan salami & cheese (serves two).....	16

## Zuppa del giorno

<b>Bowl of Soup</b> —Made daily from the freshest ingredients.....	7
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## Insalate

<b>Insalata Mista</b> —Organic field greens, tomatoes, carrots, parmesan and balsamic vinaigrette.....	8
<b>Caprese</b> —Tomato, mozzarella and basil drizzled with extra virgin olive oil and balsamic vinaigrette.....	9
<b>Caesar</b> —Romaine hearts with homemade Caesar dressing and shaved parmesan.....	10
<b>Insalata di Barbabietola</b> —Roasted beets mixed with walnuts, tangerines, mint, field greens, and citrus vinaigrette.....	10
<b>Insalata della Casa</b> —Iceberg wedge with gorgonzola dolce, caramelized onions, pan-roasted pancetta, and topped with gorgonzola dressing.....	11
<b>Italian Chopped Salad</b> —Chopped iceberg and romaine lettuce with fresh mozzarella, garbanzo beans, salami, tossed in a champagne vinaigrette then topped with basil and cherry tomatoes.....	11

Add protein to any salad. Choose from Chicken for \$5 or Shrimp for \$6

## Pizza Small 10" / Large 16"

<b>Margherita</b> —Marinara, mozzarella, basil and extra virgin olive oil.....	10 / 18
<b>Formaggio</b> —Marinara, mozzarella and parmesan.....	10 / 18
<b>Pepperoni</b> —Marinara, mozzarella, pepperoni, and parmesan.....	12 / 20
<b>Carni Suprema</b> —Marinara, mozzarella, pepperoni, sausage, meatballs, and caramelized onions.....	14 / 22
<b>Funghi</b> —Mozzarella, mushrooms, caramelized onions, truffle oil and parmesan.....	14 / 22
<b>Pera e Gorgonzola</b> —Pear, gorgonzola, mozzarella, parmesan and caramelized onions.....	14 / 22

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## Pasta

Spaghetti or Penne*	13
Maccheroni con Formaggio e Pangrattato—Baked with cheddar, mozzarella and parmesan, then broiled with seasoned breadcrumbs	13
Ravioli*—Choose from meat or ricotta & spinach	14
Lasagne di Carne—Fresh pasta with bolognese sauce, bechamel, and mozzarella	14
Lasagne di Verdure—Fresh pasta with marinara, béchamel, mozzarella and fresh seasonal vegetables	13
Gnocchi*—Fourteen hand-rolled potato dumplings	14
Pasta con Vongole—Pasta with fresh clams, white wine, garlic and pepper flakes	17

Add meatballs or sausage to any pasta dish above 4

\*Sauces: Bolognese, Marinara, Alfredo, Pesto, Gorgonzola Cream

## Secondi

Peperoni Farcito—Bell pepper stuffed with rice, ground beef, breadcrumbs, and cheese	11
Salsiccia e Peperoni—Grilled Calabrese sausage, caramelized bell peppers and onions	13
Melanzana Parmigiana—Breaded eggplant, marinara, mozzarella, and parmesan	13
Polpettone—Homemade meatloaf just like Nonna made it	14
Pollo alla Griglia—Grilled breast of chicken marinated in rosemary, garlic, and extra virgin olive oil	14
Pollo Parmigiana—Baked chicken coated with seasoned breadcrumbs and covered with marinara and mozzarella	15
Gamberi di Arancia alla Griglia—Grilled shrimp marinated with a citrus and shallot reduction	16
Filetto alla Griglia con Pesto—Grilled filet mignon, marinated in pesto and topped with roasted tomatoes	19
Pesce del Giorno—Fresh fish of the day—cooked to perfection and beautifully plated	Market Price

## Contorni

Broccoli Saltati—Broccoli sautéed with garlic and extra virgin olive oil	5
Patate al Tartufo—Fluffy mashed potatoes accented with truffle oil	7
Spinaci Saltati—Sautéed spinach with garlic and extra virgin olive oil	5
Polpette—Meatballs pan-fried to a golden brown or simmered in marinara sauce	6
Piccola Pasta—Small side of spaghetti or penne*	5

\*Sauces: Bolognese, Marinara, Alfredo, Pesto, Gorgonzola Cream

## Bambini (Kids 12 and under)

Pizza—Cheese or pepperoni	7
Spaghetti or Penne—marinara, meat sauce, or alfredo	6
Chicken Parmesan	8



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Mangia Mi is an environmentally conscious company and only offers bread and purified water upon request.